Hello schools, parents and carers,

We are delighted to bring you our thirteenth edition of Music on the Menu. We have selected music activities that you might like to explore in the classroom, but that can also be shared with those who are learning at home.

**Listening**

Why not start the day by listening to beautiful music? Here is a piece of classical music written for guitar and orchestra that will help to calm and focus the mind.

*Adagio from Concerto De Aranjuez*

*(Composer – Joaquin Rodrigo)*

[https://www.youtube.com/watch?v=2_iZ_qXQPLQ](https://www.youtube.com/watch?v=2_iZ_qXQPLQ)

**Key Stage 1**

This week’s song is called ‘To the People Who Help Us’ – a song encouraging children’s awareness of the people who help keep our communities safe and happy. You can even say a special thank you to key workers with brand-new lyrics written especially for this time. To learn the song and explore the accompanying resources, please visit [https://www.singup.org/singupathome/song-of-the-week/?embutton](https://www.singup.org/singupathome/song-of-the-week/?embutton).

**BBC Teach**

*Sun, Sea and Song* is a music series based around the theme of the sea and can be used to support the KS1 topics The Seaside, Under the Sea and Pirates.

Join Nigel Pilkington and Suki - the ship's monkey - as they set sail in search of buried treasure...and enjoy plenty of songs along the way!

[https://www.bbc.co.uk/teach/school-radio/music-ks1-sun-sea-song-index/zr4x2sq](https://www.bbc.co.uk/teach/school-radio/music-ks1-sun-sea-song-index/zr4x2sq)

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Explore **David Walliam’s Marvellous Musical Podcast** series where he introduces children to the wonderful world of classical music and offers suggestions of other pieces children might like to listen to. To listen to these podcasts, please visit [https://www.classicfm.com/music-news/david-walliams-marvellous-musical-podcast/](https://www.classicfm.com/music-news/david-walliams-marvellous-musical-podcast/).

This week – create a news bulletin with the help of CBBC’s Newsround ...

Write and present a news bulletin about the life and work of composer Joseph Bologne, Chevalier de Saint-Georges using tips from CBBC Newsround presenter Hayley Hassall.

To find out more, please visit [https://www.bbc.co.uk/teach/ten-pieces/ten-pieces-at-home/zjy3382](https://www.bbc.co.uk/teach/ten-pieces/ten-pieces-at-home/zjy3382).

**Send**

Each Sunday **Pro Corda** will announce which show they are going to focus on for the following week. This week includes songs from a variety of musicals in **Musical Mash Up 2**.

During the week videos of the songs will be uploaded so that young people can practise singing and signing at home. There will be yoga warm ups and instruction videos to teach some dance moves. As well as the current show, you can also find resources for previous shows such as The Greatest Showman, The Wizard of Oz, Lion King and Les Miserables.

To join in the fun, please visit [https://procorda.com/take-part/create-together-wherever/musical-theatre/](https://procorda.com/take-part/create-together-wherever/musical-theatre/).
The Social Distancing Festival site celebrates art from all over the world, showcasing amazing talent, and coming together as a community at a time when we need it more than ever. Check out the selection of music from around the world. You can even leave a comment for the artist.

https://www.socialdistancingfestival.com/music

National Public Radio is a publicly funded non-profit media organization based in Washington, D.C. which produces and distributes news and cultural programming. Visit NPR Music for streams, live concerts and music news.

https://www.npr.org/music/

Other webcasts and live streams to explore:

**Quarantune**
A daily music post from NYCGB in which they share some joyful music recorded by the outstanding young voices of members of NYCGB choirs from across the years.

https://www.nycgb.org.uk/news/quarantune

**The Piano Guys**
Five guys play popular tunes on one piano.

https://www.youtube.com/watch?v=0VqTwnAuHws

**Royal Albert Home**
Royal Albert Home brings exclusive sessions from artists’ homes to yours whilst the Hall is shut.

https://www.royalalberthall.com/tickets/series/royal-albert-home

**LSO Always Playing**
The London Symphony Orchestra bring concerts to your living rooms with a digital programme of full-length archive concerts, interviews, articles, playlists, and activities for young people and families.

https://lso.co.uk/whats-on/alwaysplaying.html
LEAVERS

With the current situation of some pupils at school and some at home, planning for Leavers’ celebrations is particularly tricky, requiring creativity and event organising skills extraordinaire.

It’s Time to Fly is a beautiful leavers’ song written by our own Emily Barden and you can find a performance track, backing track and scores on West Sussex Music’s School Zone/Pitch and Singing. (This song is also available on Sing Up if you are a member.)

ONLINE TEACH MEET

Brighton & Hove Music and Arts recently organised online teach meets for primary and secondary schools in Brighton & Hove, West Sussex and East Sussex. It was lovely to see so many West Sussex Music teachers in attendance! Lots of useful ideas and resources were shared at these meetings – these will shortly be available on West Sussex Music’s School Zone/Online Teach Meets June 2020.

A reminder of other resources:

Sing Up
https://www.singup.org/singupathome/

Friday Afternoons
https://www.fridayafternoonsmusic.co.uk/

Collins Song Bank
https://collins.co.uk/pages/support-learning-at-home-free-childrens-song-bank

London Sinfonietta Lockdown Live
https://londonsinfonietta.org.uk/whats-on/lockdown-live
West Sussex Music Lockdown Ensembles
https://www.facebook.com/WestSussexMusic/

BBC Ten Pieces
https://www.bbc.co.uk/teach/ten-pieces/ten-pieces-at-home/zjy3382

Music:Ed Collection of Classical Music Recordings and Activities
https://musiceducation.global/classical-100-available-free-until-september-2020/
Royal Albert Hall – Meet the Orchestra

Team Tutti
https://teamtutti.org/

Ensemble Reza Tuesday Lunchtime Performances
https://www.youtube.com/channel/UCp-fenf137J_J4rCM620tqw

West Sussex Music Online Resources
www.westsussexmusic.co.uk

- Click on Staff Zone
- Click on School Zone
Username: Schools
Password: SchoolsAccess1
- Go to ’Pulse and Rhythm’ folder
- Go to ’Pitch and Singing’ folder

(All past editions of Music on the Menu can be found on School Zone/Music on the Menu.)

Changing lives through music