Hello schools, parents and carers,

We are delighted to bring you our eleventh edition of *Music on the Menu*. This week we have selected music activities that you might like to explore in the classroom, but that can also be shared with those who are learning at home.

**Listening**

Why not start the day by listening to beautiful music? Here is a performance by Helen Charlston and Trinity College Choir. This will most certainly help to calm and focus the mind.

*How do you keep the music playing?*

*(Michael Legrand, arr. Alexander L'Estrange)*

https://www.youtube.com/watch?v=eeK1xc418S4

**Key Stage 1**

**BBC Teach - Dance with the Elements**

Dances for each of the four elements (air, earth, fire and water) have been choreographed to different pieces of classical music including JS Bach, Karl Jenkins, Aaron Copland, Johann Strauss, Claude Debussy and John Adams. Each dance comes with supporting teacher notes that explore different areas of the curriculum as well as movement and dance.

To find out more, please visit [https://www.bbc.co.uk/teach/class-clips-video/physical-education--music-ks1-dance-with-the-elements/z7m2y9q](https://www.bbc.co.uk/teach/class-clips-video/physical-education--music-ks1-dance-with-the-elements/z7m2y9q)
**Key Stage 2**

This week you will learn Cuban rhythms, create a kitchen percussion section and perform along to the lively ‘Mambo’ from 'West Side Story' with percussionist Stephen Whibley from the BBC Concert Orchestra.

To get involved and find out about how you can feature in the Ten Pieces at Home online showcase, please visit [https://www.bbc.co.uk/teach/ten-pieces/ten-pieces-at-home/zjy3382](https://www.bbc.co.uk/teach/ten-pieces/ten-pieces-at-home/zjy3382).

**SEND**

Each Sunday **Pro Corda** will announce which show they are going to focus on for the following week. This week’s show will be **Peter Pan**.

During the week videos the songs will be uploaded so that young people can practise singing and signing at home. There will be yoga warm ups and instruction videos to teach some dance moves. As well as the current show, you can also find resources for previous shows such as The Greatest Showman, The Wizard of Oz, Lion King and Les Miserables.

To join in the fun, please visit [https://procorda.com/take-part/create-together-wherever/musical-theatre/](https://procorda.com/take-part/create-together-wherever/musical-theatre/)

**Key Stage 3**

Here are some webcasts and live streams to explore:

**Quarantune**

A daily music post from NYCGB in which they share some joyful music recorded by the outstanding young voices of members of NYCGB choirs from across the years.


**The Piano Guys**

Five guys play popular tunes on one piano.

[https://www.youtube.com/watch?v=0VqTwnAuHws](https://www.youtube.com/watch?v=0VqTwnAuHws)

*Music on the Menu 11*

10 June 2020
Royal Albert Home  
Royal Albert Home brings exclusive sessions from artists’ homes to yours whilst the Hall is shut.

https://www.royalalberthall.com/tickets/series/royal-albert-home

LSO Always Playing  
The London Symphony Orchestra bring concerts to your living rooms with a digital programme of full-length archive concerts, interviews, articles, playlists, and activities for young people and families.

https://lso.co.uk/whats-on/alwaysplaying.html

A reminder of other resources:

Sing Up  
https://www.singup.org/singupathome/

Friday Afternoons  
https://www.fridayafternoonsmusic.co.uk/

Collins Song Bank  
https://collins.co.uk/pages/support-learning-at-home-free-childrens-song-bank

London Sinfonietta Lockdown Live  
https://londonsinfonietta.org.uk/whats-on/lockdown-live

West Sussex Music Lockdown Ensembles  
https://www.facebook.com/WestSussexMusic/

BBC Ten Pieces  
https://www.bbc.co.uk/teach/ten-pieces/ten-pieces-at-home/zjy3382

Music:Ed Collection of Classical Music Recordings and Activities  
https://musiceducation.global/classical-100-available-free-until-september-2020/

Royal Albert Hall – Meet the Orchestra  

Team Tutti  
https://teamtutti.org/

Ensemble Reza Tuesday Lunchtime Performances  
https://www.youtube.com/channel/UCp-fenf137J_J4rCM620tqw
West Sussex Music Online Resources
www.westsussexmusic.co.uk

- Click on Staff Zone
- Click on School Zone
Username: Schools
Password: SchoolsAccess1
- Go to ‘Pulse and Rhythm’ folder
- Go to ‘Pitch and Singing’ folder

Changing lives through music